



WHITEVILLE SENIOR CENTER AUGUST 2022 (Subject to Change)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 7:00am-3:00pm Exercise Rm. 10:30am Puzzles/ Geri-Fit 11:30am Lunch</p>	<p>2 7:00am-3:00pm Exercise Rm. 10:15am Crocheting/Board Games 11:30am Lunch</p> 	<p>3 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit / Coloring Pages 11:30am Lunch 11:45am Reading</p> 	<p>4 7:00am-3:00pm Exercise Rm 10:30am Rummikub 11:30am Lunch 12:15pm Bingo</p> 	<p>5 7:00am-3:00pm Exercise Rm. 10:00am Rummikub 11:30am Lunch</p>
<p>8 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit / Puzzles 11:30am Lunch</p> 	<p>9 7:00am-3:00pm Exercise Rm 10:00am Crocheting 11:30am Lunch</p> 	<p>10 7:00am-3:00pm Exercise Rm 10:30am Rummikub/Geri-Fit 11:30am Lunch</p> 	<p>11 7:00am-3:00pm Exercise Rm. 10:30am Bingo 11:30am Lunch</p> 	<p>12 7:00am-3:00pm Exercise Rm. 10:00am Rummikub 11:30am Lunch</p>
<p>15 7:00am-3:00pm Exercise Rm. 10:30am GeriFit 11:30am Lunch</p> 	<p>16 7:00am-3:00pm Exercise Rm 10:00am Crocheting/Geri fit 11:30am Lunch</p> 	<p>17 7:00am-3:00pm Exercise Rm. 10:30am Rummikub/Puzzles 11:30am Lunch</p> 	<p>18 No activities 7:00am-3:00pm Exercise Rm 11:30am Lunch</p> <p>Day Trip please see Kayla ASAP if you are going seats are limited</p>	<p>19 7:00am-3:00pm Exercise Rm. 10:00am Rummikub 11:30am Lunch</p>
<p>22 7:00am-3:00pm Exercise Rm. 10:30am Coloring Pages/Rummikub 11:30am Lunch</p>	<p>23 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit/Puzzles 11:30am Lunch</p> 	<p>24 7:00am-3:00pm Exercise Rm. 10:30am Craft 11:30am Lunch</p> 	<p>25 7:00am-3:00pm Exercise Rm. 10:30am Guest Speaker 11:30am Lunch 12:00pm Auction/Raffle</p> 	<p>26 7:00am-3:00pm Exercise Rm. 10:30am Rummikub 11:30am Lunch</p> 
<p>29 7:00am-3:00pm Exercise Rm. 10:30am Board Games 11:30am Lunch</p>	<p>30 7:00am-3:00pm Exercise Rm. 10:30am Crocheting / Geri-Fit 11:30am Lunch</p>	<p>31 7:00am-3:00pm Exercise Rm. 10:30am Puzzles 11:30am Lunch</p>		



HAPPY BIRTHDAY TO OUR AUGUST FOLKS

Lunch Served Daily @ 11:30am for seniors ages 60 & up

Crafts done once a month

IF YOU ARE FEELING SICK OR HAVE BEEN EXPOSED TO COVID PLEASE STAY AT HOME AND LET US KNOW.

Contributions are not required but are greatly appreciated

Congregate Meals are served daily for seniors 60 & older / Home Delivered Meals are available for those that qualify for more information contact Alice Bellamy or Sucreal Jackson 910-640-6602.

