

WHITEVILLE SENIOR CENTER MAY 2021 (Subject to change at any time)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 7:00am-3:00pm Exercise Rm. 10:30am Board Games 11:15am Lunch 12:00pm-12:15 Drive thru Lunch</p> 	<p>4 7:00am-3:00pm Exercise Rm. 10:15am Finishing Making Cards 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>5 7:00am-3:00pm Exercise Rm. 10:30am Gerifit 11:15am Lunch/Bible Reading 12:00pm-12:15pm Drive thru Lunch</p>	<p>6 7:00am-3:00pm Exercise Rm. 10:00am Bingo 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p> 	<p>7 7:00am-3:00pm Exercise Rm. 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>
<p>10 7:00am-3:00pm Exercise Rm. 10:30am Word Searches 11:15am Lunch 12:00pm-12:15 Drive thru Lunch</p> 	<p>11 7:00am-3:00pm Exercise Rm. 10:30am Dance Fun 11:15am Lunch 12:00pm-12:15pm Drive Thru Lunch</p>	<p>12 7:00am-3:00pm Exercise Rm. 10:30am Gerifit 11:15am Lunch /Bible Reading 12:00pm-12:15pm Drive thru Lunch</p>	<p>13 7:00am-3:00pm Exercise Rm. 10:00am Bingo 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>14 7:00am-3:00pm Exercise Rm 11:15am Lunch 12:00pm-12:15 Drive thru Lunch</p>
<p>17 7:00am-3:00pm Exercise Rm. 10:15am Board Games 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>18 7:00am-3:00pm Exercise Rm. 10:30am Gerifit 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>19 7:00am-3:00pm Exercise Rm. 10:15am Dance Fun /Nutrition Handout 11:15am Lunch / Bible Reading 12:00pm-12:15pm Drive thru Lunch</p>	<p>20 7:00am-3:00pm Exercise Rm. 10:15am Bingo 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>21 7:00am-3:00pm Exercise Rm. 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>
<p>24 7:00am-3:00pm Exercise Rm 10:30am Gerifit 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>25 7:00am-3:00pm Exercise Rm. 10:30am Checkers 11:00am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>26 7:00am-3:00pm Exercise Rm. 10:15am Craft 11:15am Lunch / Bible Reading 12:00pm-12:15pm Drive thru Lunch</p>	<p>27 7:00am-3:00pm Exercise Rm. 10:15am Bingo 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>	<p>28 7:00am-3:00pm Exercise Rm. 11:15am Lunch 12:00pm-12:15pm Drive thru Lunch</p>
<p>31 CLOSED MEMORIAL DAY</p> 	<p>Please Note if you come through the drive thru meal pick line the time to pick the plates up is from 12:00pm until 12:15pm until further notice.</p>	<p>Mother's Day is Sunday May 9th 2021</p> 		<p>Remember masks must be worn at all times unless you are eating or exercising!!!!</p> 

FOR MORE INFORMATION: Kayla Bordeaux 910-640-6602
kayla.bordeaux@columbusco.org Senior Citizen Coordinator or Alice Bellamy
Nutrition Supervisor

WHITEVILLE SENIOR CENTER NEWSLETTER



HAPPY BIRTHDAY TO OUR MAY FLOKS

Gerifit Classes: May 5th, 12th, 18th, 24th come on out and join us we will be during exercise with bands and weights.

Lunch Served Daily At 11:15am

Drive thru pick for lunch will only be from 12:00pm-12:15pm

If you know of any seniors who would love to come out and join please let them know we would love to have them come out and join us for any activity.

We serve Congregate Meals for seniors 60 & older Home Delivered Meals are available for those that qualify for more information about meals please contact Sucreal Jackson 910-640-6602.

