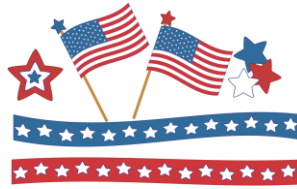


WHITEVILLE SENIOR CENTER JULY 2023 (Subject to Change)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 7:00am-3:00pm Exercise Rm. 10:30am 4th of July Fun 11:30am Lunch</p>	<p>4 CLOSED INDEPENDENCE DAY</p> 	<p>5 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit 11:30am Lunch/Announcements</p>	<p>6 7:00am-3:00pm Exercise Rm. 10:30am Bingo 11:30am Lunch</p>	<p>7 7:00am-3:00pm Exercise Rm. 10:30am Tv time 11:30am Lunch</p>
<p>10 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit 11:30am Lunch</p>	<p>11 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit 11:30am Lunch</p>	<p>12 7:00am-3:00pm Exercise Rm. 10:30am Mystery Craft 11:30am Lunch/Reading</p>	<p>13 7:00am-3:00pm Exercise Rm. 10:30am Bingo 11:30am Lunch</p> 	<p>14 7:00am-3:00pm Exercise Rm. 10:30am Social Time 11:30am Lunch</p>
<p>17 7:00am-3:00pm Exercise Rm. 10:00am Geri-Fit 11:30am Lunch</p>	<p>18 7:00am-3:00pm Exercise Rm. 10:30am Geri-Fit/ 11:30am Lunch 12:00pm Rummikub</p> 	<p>19 7:00am-3:00pm Exercise Rm. 10:30am Free of Choice Activity 11:30am Lunch/Prayer</p>	<p>20 7:00am-3:00pm Exercise Rm. 10:30am Bingo 11:30am Lunch 12:00pm Auction/Raffle</p> 	<p>21 7:00am-3:00pm Exercise Rm. 10:30am Social Time 11:30am Lunch</p>
<p>24 7:00am-3:00pm Exercise Rm. 10:00am Rummikub/Geri-Fit 11:30am Lunch</p>	<p>25 7:00am-3:00pm Exercise Rm. 10:30am Geri-fit/Coloring Pages 11:30am Lunch</p> 	<p>26 7:00am-3:00pm Exercise Rm. 11:30am Lunch/Prayer 12:00pm Movie/Popcorn</p>	<p>27 7:00am-3:00pm Exercise Rm. 10:00am Lunch 3:00pm-5:00pm Senior Banquet (make sure you have signed up to come)</p>	<p>28 7:00am-3:00pm Exercise Rm. 10:30am Free Choice 11:30am Lunch</p>
<p>31 7:00am-3:00pm Exercise Rm. 10:30am Coloring Pages 11:30am Lunch</p>				

WHITEVILLE SENIOR CENTER JULY NEWSLETTER



HAPPY BIRTHDAY TO OUR JULY FOLKS



Encouraging all seniors tell your family and friends to please come out and tell them to bring a friend to participate in our daily activities we would love to have them and we really appreciate your help and support.

Lunch Served Daily @ 11:30am

Contributions are not required but are greatly appreciated

Congregate Meals are served daily for seniors 60 & older / Home Delivered Meals are available for those that qualify for more information contact Alice Bellamy or Sucreal Jackson 910-640-6602.

