




**TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**  
**TABOR CITY SENIOR CENTER ACTIVITIES JUNE**  
**2023**

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			<p>1 9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 1100 Speaker NC Ext Service 11:45 Announcements 12:00 Lunch 1:00 Spring Craft-Pillows</p>	<p>2 <b>9:00 Social</b> <b>10:00 Games</b> <b>11: 00 Announcements</b> <b>12:00 Lunch</b> <b>1:30 Craft</b></p>
<p>5 9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>6 9:00 Social- 10:00 Trivia Puzzles 10:30 Word Search 11:00 Geri-Fit Class 11:30 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>7 9:00 Social 10:00 Trivia Puzzles. 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Mystery /Movie Day</p>	<p>8 9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 1100 Card Games 11:45 Announcements 12:00 Lunch 1:00 Spring Craft-Shoe Boxes</p>	<p>9 9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>12 9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>13 9:00 Social- 10:00 Trivia Puzzles 10:30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>14 9:00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Day Trip –Lake Waccamw</p>	<p>15 9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 1100 Card Games 11:45 Announcements 12:00 Lunch 1:00 Spring Craft-Shoe Boxes</p>	<p>16 9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>19 9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>20 9:00 Social 10:00 Trivia Puzzles 10: 30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>21 9:00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Mystery Craft/Movie Summer begins</p>	<p>22 9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 11:00 Card Games 11:45 Announcements 12:00 Lunch 1:00 Spring Craft-Cards</p>	<p>23 9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>26 9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>27 9:00 Social- 10:00 Trivia Puzzles 10:30 Lower Cape Fear Hospice-Stacy -Speaker 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>28 :00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Mystery Craft/Movie</p>	<p>29 9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 11:00 Card Games 11:45 Announcements 12:00 Lunch 1:00 Spring Craft-Cards</p>	<p>30 9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>

**FOR INFORMATION – SUSAN PRINCE    653-3063**  
**sprince@columbusco.org Congregate Meals/Home Delivered Meals –**  
**Patsy Fowler – 653-3063**

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