

**Columbus County Health Rankings Committee Report**  
**“A Summary of Current Community Initiatives”**  
**For May 25, 2010 Meeting**

*\*\*\*Information is verbatim, as reported by agency staff persons. Contact information for submitted initiatives is also listed.*

**1. Access III of Lower Cape Fear**

Accessing Care/Resources and Health Education (health education on chronic disease prevention)

**Contact: Valeria Southern, 910- 641-0798**

**Kay Bradshaw, 910-641-0798**

**2. Bolton Police Department**

The Bolton Police Department has just restarted its operation and the Town of Bolton now has seven (7), additional positions which were created. Because of the nature of law enforcement, policies and procedures have been implemented that are specific to Physical Fitness standards and proper Motor vehicle operation. The Town of Bolton saw the need for Health care a few years ago and now has the Goshen Medical Center nestled next to our Town Hall campus and this has been a huge benefit to the citizens in and around the Town of Bolton. The Bolton Police Department provides literature to the community upon request and the topics include but are not limited to: Gang Prevention, Community Safety, Internet Safety, Bullying, Fraud Awareness, Alcohol & Substance abuse, etc.

**Contact: Darryll DeCotis, Bolton Police Department, (910) 655-8290**

**3. Columbus County Cooperative Extension**

Developing programs that educate youth and adults on how to live Healthy. Also programs are focusing on getting youth to develop better eating habits and exercising more. This will help lower obesity and prevent chronic diseases.

**Contact: Dalton Dockery, 910-640-6605**

**4. Columbus County Health Department**

Offer the following services/roles:

Statutory Role: Provides services that keep you from getting sick from the actions or illnesses of others (example: environmental health, etc)

Population-Based Role: Prevents illness in individuals by taking action at the community- wide level(health promotion/education, including but not limited to county employee wellness program)

Surveillance Role: Continually monitors for patterns of disease

Social Justice Role: Advocates equity for all and reaches out to vulnerable populations

Offers Health Check: Educate families about the importance of preventive care and having a medical home (not the emergency room) for their children, educate families regarding health services available in county

**Kim Smith Health Director, 910-640-6615**

**Gabriela Maggioli, Health Check Coordinator, 910-640-6615**

**5. Columbus County Healthy Carolinians(housed at Columbus Regional Healthcare System)**

A partnership consisting of multiple county agencies, organizations, and residents that prioritize and address a broad spectrum of health issues and concerns in our county (examples: chronic diseases, unintentional injuries, etc)

**Contact: Beth Brown, 910-641-3673**

**6. Columbus County Literacy Council**

Programs to improve/enhance literacy

**Contact: Barbara S. Barbour, 910-642-2442**

**7. Columbus County Schools**

- Healthy & Ready to Learn initiative, Teen PEP, Child Nutrition, SMILE NC.
- Energizers; Classroom based physical activities have been made available to all K-8 subject/content area classroom teachers.
- A minimum of 150 minutes of physical education per week is required in grades K-8.
- A minimum of 150 minutes of physical activity per week is required in grades K-8
- Students in grade 9 are required to enroll in the course entitled Health/Physical Education. In addition, Healthful Living courses are available to students in grades 10, 11, 12.
- All schools with grades 6-12 with the exception of Southeastern Early College High Schools, provide numerous sports/extra curricular activities in which students may participate
- Walking trails have been created at each school
- School facilities are available for student's utilizations after-hours(track and field course, tennis courts, basketball courts, etc \*\*\*\*\* Prior approval and supervision is required)

**Contact: Keith Jefferys, 910-642-5168**

**Contact: Kathy Lewis, 910-642-5168**

**8. Columbus Family Table**

Having a Food, Inc. screening with panel discussion on health and nutrition. We are also in the process of creating a community kitchen. We are working with a LEED certified architect to make our building meet the qualifications for Platinum LEED certification.

**Contact: Vickie McMullen, [thecolumbusfamiltable@yahoo.com](mailto:thecolumbusfamiltable@yahoo.com)**

#### **10. DMA(Division Medical Assistance)**

The mission of the DMA is to provide access to high quality, medically necessary health care for Medicaid eligible North Carolina residents through cost-effective purchasing of health care services and products. Medicaid is a health insurance program for low-income individuals and families who cannot afford health care costs. Medicaid serves low-income parents, children, seniors, and people with disabilities

**Contact: Rosemary Long, 910-738-7399**

#### **11. Dream Center**

- SPF SIG- addressing alcohol related crashes and fatalities
- Wellbirths- addressing infant mortality,
- HIV and Substance Abuse
- Safe Haven After School Program- addressing physical activity, teen pregnancy, and gang prevention
- Education and Prevention of alcohol and substance abuse including sexual transmitted diseases/HIV. Our agency is heavily involved in the economic development of Columbus County by fostering entrepreneurship spirit and providing direction for individuals to by their own homes. We also provide guidance and direction to prevent student dropout and foster environments for students to learn and succeed through our afterschool programs.

**Contact: Carol Caldwell, Director, 910-642-0633**

**Contact: Silas Acosta, 910-642-0633**

#### **12. Families First**

We address issues related to and associated with Domestic Violence, sexual assault and child abuse. We offer shelter and a wide variety of services to victims of these crimes.

**Contact: Vickie Pait, 910-642-5996**

#### **13. Liberty Medical Specialist**

Provide medical equipment and inclusion services for patients with no payment source

**Contact: Mary Hooks, 910-642-2250**

#### **14. NC Museum of Forestry**

Emphasize using North Carolina Tree Trail

**Contact: Henry Warren, 910-914-4185**

#### **15. The News Reporter**

Publish press releases submitted

**Contact: Mark Gilchrist, 910- 910) 642-4104**

### **16. UNCP Nursing Program**

The university is a nursing program that has a teaching curriculum as our guide, but we do strive to give back through service

Each semester our community health nursing student implement community based project focusing on identified needs of the area. We also help to prepare registered nurses to practice in the County

**Contact: Jennifer Johnson, 910-521-6522**

**Meki Jacobs Graham, 910-521-6522**

### **17. Waccamaw Siouan Development Association(as reported by resident)**

- Health Fairs at annual Pow-Wows and Siouan Tribe
- Health Presentations at tribal council meetings
- H1N1 shots/health screens at area tribal members' churches
- Classes on: Gang Prevention Diabetes, Heart disease Health eating/Healthy living, Flu vaccinations
- Classes sponsored by Southeastern Community College GED, Microsoft classes
- Columbus county school system; After school and summer school enrichment programs
- Agriculture extension office; Health lifestyle/self-esteem summer sessions for youth
- Both St. James and Buckhead; Collaborates with Burnt Swamp Baptist Association & the Healing Lodge to offer classes on domestic violence, HIV/STD, drug and alcohol abuse

**Contact: Columbus County Resident, Meki Jacobs Graham, 910-521-6522**

### **18. Webster Chiropractic**

Weekly workshops on Health and Wellness habits, including proper exercise, structural care, nutrition, rest habits, stress control.

Also daily and/or weekly handouts of health information for each patient.

**Contact: Webster Chiropractic Center, Drs. John and Victoria Webster, 910- 642-2481**

### **19. Whiteville City Schools**

Following federal and state mandates health/physical education, and child nutrition guidelines. Health fair is currently being planned for staff and wellness programs are being implemented at some schools. Efforts have increased to make students more health conscious. The Healthy and Ready to Learn grant to increase enrollment in insurance coverage and establish medical homes is being implemented in two LEAs.

**Contact: Janet Gray, 910-642-2185**

**20. Residents**

Carolyn “Nubby” Tebay, Retired School Teacher and Nutritional Consultant

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