



# WHITEVILLE SENIOR CENTER FEBRUARY 2018

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|--|--|--|---|
|   | <p>VALENTINE'S DAY IS FEBRUARY 14<sup>TH</sup>!!!!</p>            |   | <p>1<br/>7:00 Exercise Rm.<br/>10:00 TV/Social Time<br/>11:00 <b>Bingo</b><br/>11:45 Announcements<br/>12:00 Lunch/Social<br/>1:00 Cards</p>   | <p>2<br/>7:00 Exercise Rm.<br/>11:00 <b>TV/Social Time</b><br/>11:45 Announcements/<br/>Group /Chair Exercise<br/>12:00 Lunch/Social</p>  |
| <p>5<br/>7:00 Exercise Rm.<br/>9:00 Computer Class<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 <b>Beading</b></p>                              | <p>6<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00 Lunch/Social<br/>1:00 Sing Songs/Coloring Sheets</p>         | <p>7<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00 Lunch/Social<br/>1:00 <b>Movie/Popcorn</b></p>  | <p>8<br/>7:00 Exercise Rm.<br/>11:00 <b>Bingo</b><br/>11:45 Announcements<br/>12:00 Social/Lunch</p>   | <p>9<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45<br/>Announcements/Group/<br/>Chair Exercise<br/>12:00 Lunch/Social</p>  |
| <p>12<br/>7:00 Exercise Rm.<br/>9:00 Computer Class<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 TV/Social Time</p>  | <p>13<br/><b>LEGAL AID EVENT</b><br/>7:00 Exercise Rm<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 Puzzles</p> | <p>14<br/>7:00 Exercise Rm.<br/>10:00 Tv/Social Time<br/>12:00 <b>Lunch/Valentines Card Exchange</b></p>                            | <p>15<br/>7:00 Exercise Rm.<br/>11:00 Tv/Social Time<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 <b>Auction/Raffle</b></p>  | <p>16<br/>7:00 Exercise Rm.<br/>11:30 Group/Chair Exercise<br/>11:45 Announcements<br/>12:00 Social/Lunch</p>  |
| <p>19<br/>7:00 Exercise Rm.<br/>9:00 Computer Class<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 <b>Beading</b><br/><b>PRESIDENTS DAY</b></p>  | <p>20<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00 Social/Lunch<br/>1:00 Word Searches/Coloring Sheets</p>     | <p>21<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00Lunch/Social Hour<br/>1:00 Craft</p>   | <p>22<br/>7:00 Exercise Rm.<br/>11:00 <b>Bingo</b><br/>11:45 Announcements<br/>12:00 Lunch/Social</p>                                   | <p>23<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45<br/>Announcements/Chair/Gr<br/>oup Exercise<br/>12:00 Lunch/Social</p>   |
| <p>26<br/>7:00 Exercise Rm.<br/>9:00 Computer Class<br/>11:00 Blood Pressure Checks<br/>11:45 Announcements<br/>12:00 Lunch/Social</p>                   | <p>27<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:45 Announcements<br/>12:00 Lunch/Social<br/>1:00 Puzzles</p>                           | <p>28<br/>7:00 Exercise Rm.<br/>11:00 TV/Social Time<br/>11:30 Announcements<br/>12:00Lunch/Social Hour</p>                         | <p>SPRING TRIP MAY 7<sup>TH</sup> - 10<sup>TH</sup> ARK ENCOUNTER LOUISVILLE &amp; LEXINGTON PRICEIS 539.00 FOR A DOUBLE OCCPANCY CONTACT YOUR LOCAL SENIOR CENTER COORDINATOR FOR MORE INFORMATION.</p>                     | <p><b>HIPPTY HOP AND SPRING IS ON ITS WAY!!!! MARCH 20<sup>TH</sup></b></p>                                    |

## WHITEVILLE SENIOR CENTER FEBUARY NEWSLETTER

**VALIENTINES DAY IS FEBUARY 14<sup>TH</sup>!!!!**



**HAPPY BIRTHDAY TO OUR FEBUARY FOLKS**

**We invite 60+ to come join us in our daily activities!!!!**

**We offer Activities Monday-Friday**

**Monday Computer Class 9-12**

**Thursday Bingo Day 11:00-12:00**

**Lunch Served Daily At 12:00**

**Free Blood Pressure Checks Feb 26<sup>th</sup> 11:00**

**Fitness Room is open Monday through Friday 7:00-3:30. Just bring me your  
DOCTORS NOTE and you can exercise all you want!!!!!!**

**Contributions are appreciated.**

**We serve Congregate Meals for Seniors 60 & older /Home Delivered Meals for those  
that qualify for more information contact Alice Bellamy 910-640-6602**

**Whiteville Senior Center**

**827 Washington Street**

**Whiteville, NC 28472**

**910-640-6602**

**KAYLA BORDEAUX**

**SENIOR CENTER COORDINATOR**

**[Kayla.bordeaux@columbusco.org](mailto:Kayla.bordeaux@columbusco.org)**