

Come Join Us!!!
Matter of Balance Class
Designed to Prevent Falls



DO YOU HAVE **concerns**
about falling?

10am-12noon

Tuesdays

March 14, 21, & 28

Tuesdays

April 4, 11, 18, 25

Tuesdays

May 2

Whiteville Senior Center
827 Washington St
Whiteville, NC 28472

For more info call Jean Powers, Senior Center Coordinator
910-640-6602

Columbusco.org Click on Aging &
Whiteville Senior Center