

WHITEVILLE SENIOR CENTER OCTOBER 2018 SUBJECT TO CHANGE AT ANYTIME

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 7:00-3:30 Exercise Rm. 9:00 Computer Class 12:00 Social/Lunch 1:00 Word Searches</p>	<p>2 7:00-3:30 Exercise Rm. 11:00 Guest Speaker 12:00 Lunch/Social 1:00 Puzzles</p> 	<p>3 7:00-3:30 Exercise Rm. 11:30 Bible Study 12:00 Lunch/Social 1:00 Checkers</p> 	<p>4 7:00-3:30 Exercise Rm. 11:00 Bingo 12:00 Social/Lunch 1:00 UNO</p> 	<p>5 7:00-3:30 Exercise Rm. 10:30 Coffee Catch Up 11:30 Exercise 11:45 Let's Talk 12:00 Lunch/Social</p>
<p>8 7:00-3:30 Exercise Rm. 9:00 Computer Class 12:00 Social/Lunch 1:00 Family Feud</p> 	<p>9 7:00-3:30 Exercise Rm. 11:00 Cooking Activity 12:00 Lunch/Social 1:00 Puzzles</p> 	<p>10 7:00-3:30 Exercise Rm. 12:00 Lunch/Social 1:00 SENIOR DAY AT THE FAIR</p> 	<p>11 7:00-3:30 Exercise Rm. 11:00 Bingo 12:00 Social/Lunch 1:00 Monopoly</p> 	<p>12 7:00-3:30 Exercise Rm. 11:30 Chair Exercise 11:45 Let's Talk 12:00 Lunch/Social</p>
<p>15 7:00-3:30 Exercise Rm. 9:00 Computer Class 12:00 Lunch/Social 1:00 Checkers</p> 	<p>16 7:00-3:30 Exercise Rm. 10:30 Craft 12:00 Social/Lunch 1:00 Coloring Pages</p>	<p>17 7:00-3:30 Exercise Rm. 10:30 Tv Time 12:00 Social/Lunch</p>	<p>18 7:00-3:30 Exercise Rm. 11:00 Bingo 12:00 Social/Lunch 1:00 Raffle</p> 	<p>19 7:00-3:30 Exercise Rm. 10:30 Coffee Catch Up 11:30 Exercise 11:45 Let's Talk 12:00 Social/Lunch</p> <p>Pink Out Day For Breast Cancer Awareness Day!!!</p> 
<p>22 7:00-3:30 Exercise Rm. 9:00 Computer Class 12:00 Social/Lunch 1:00 UNO</p> 	<p>23 7:00-3:30 Exercise Rm. 10:30 Movie/Popcorn 12:00 Social/Lunch 1:00 Puzzles</p> 	<p>24 7:00-3:30 Exercise Rm. 11:30 Bible Study 12:00 Lunch/Social Hour 1:00 Checkers</p>	<p>25 7:00-3:30 Exercise Rm. 11:00 Bingo 12:00 Lunch/Social</p> 	<p>26 7:00-3:30 Exercise Rm. 11:30 Chair Exercise 11:45 Let's Talk 12:00 Lunch/Social</p>
<p>29 7:00-3:30 Exercise Rm. 9:00 Computer Class 12:00 Social/Lunch 1:00 Monopoly</p> 	<p>30 7:00-3:30 Exercise Rm. 11:00 Family Feud 12:00 Social/Lunch 1:00 Puzzles</p>	<p>31 HALLOWEEN 7:00-3:30 Exercise Rm. 10:30 Cards 12:00 Social/Lunch 1:00 UNO</p> 	<p>OPEN ENROLLMENT STARTS OCTOBER 15TH CALL 910-640-6602 TO FIND OUT MORE INFORMATION</p> <p>OCTOBER IS BREAST CANCER AWARENESS MONTH</p>	 <p>COUNTY FAIR IS OCTOBER 9TH-14TH</p>

OCTOBER NEWSLETER

WHITEVILLE SENIOR CENTER

HAPPY BIRTHDAY TO OUR OCTOBER FOLKS



We cordially invite all seniors ages 60 + to come and join us in our daily activities at Whiteville Senior Center. We offer different activities Monday-Friday. Lunch is served daily at 12pm. Ensure is sold Daily.

Exercise Rm is open Monday through Friday 7-3:30 just bring a doctor's note and you can exercise all you want. Seniors ages 60 + if you are under 60 you can exercise as well for a \$ 1.00 a day or \$15.00 a month.

Contributions are not required but are greatly appreciated

