

TABOR CITY SENIOR CENTER ACTIVITIES– JULY 2023

				<p>1</p> <p>9:00 Social 10:00 Games 11: 00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>3</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>4</p> <p>CLOSED</p> <p>FOR</p> <p>THE 4TH OF JULY</p>	<p>5</p> <p>9:00 Social 10:00 Trivia Puzzles. 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Jewelry Class</p>	<p>6</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 1100 Card Games 11:45 Announcements 12:00 Lunch 1:00 Fall pillows</p>	<p>7</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>10</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo/Gentiviy</p>	<p>11</p> <p>9:00 Social- 10:00 Trivia Puzzles 10:30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>12</p> <p>9:00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Movie Day\Mystery Craft</p>	<p>13</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 1100 Card Games 11:45 Announcements 12:00 Lunch 1:00 Fall Pillows</p>	<p>14</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>17</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo</p>	<p>18</p> <p>9:00 Social 10:00 Trivia Puzzles 10: 30 Word Search 11:00 Geri Fit Class 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>19</p> <p>9:00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Mystery Craft/Movie Southport Trip</p>	<p>20</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 11:00 Card Games 11:45 Announcements 12:00 Lunch 1:00 Fall Pillows</p>	<p>21</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>
<p>24</p> <p>9:00 Social 10:00 Chair Exercises 10:30 Bible Study – Preacher Jimmy Caines 11:45 Announcements 12:00 Lunch 1:00 Bingo/Cape Fear Hospice/Blood Pressure</p>	<p>25</p> <p>9:00 Social- 10:00 Trivia Puzzles 10:30 Lower Cape Fear Hospice-Stacy -Speaker 11:45 Announcements 12:00 Lunch 1:00 Painting Class</p>	<p>26</p> <p>:00 Social 10:00 Trivia Puzzles 10:30 Word Search 11:45 Announcements 12: 00 Lunch 1:00 Mystery Craft/Movie</p>	<p>27</p> <p>9:00 Social 10:00 Craft Catch-up 10:30 Gerifit Class 11:00 Card Games 11:45 Announcements 12:00 Fall Pillows</p>	<p>28</p> <p>9:00 Social 10:00 Exercises 10:30 Card Games 11:00 Announcements 12:00 Lunch 1:30 Craft</p>

FOR INFORMATION – SUSAN PRINCE 653-3063
sprince@columbusco.org Congregate Meals/Home Delivered Meals –
Patsy Fowler – 653-3063