

APRIL 2018 FAIR BLUFF SENIOR CENTER





Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 9:00 Puzzles /Games 9:45 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p>	<p>3 9:00 Puzzles/Games 9:45 Fellowship 10:00 COMPUTER CLASS W/ MIKE- MIKE 11:45 Walking Exercise 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>4 9:00 Puzzles/Games 10:00 Fellowship 10:30 WALKING EXERCISE 11:00 BIBLE STUDY/SING 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p>	<p>5 ARTS&CRAFTS ALL DAY 9:00 Puzzles/Games 9:15 Fellowship 9:30 WALKING EXERCISE 10:00 COMPUTER CLASS W/ MIKE- MIKE 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>6 9:00 Puzzles/Games 10:00 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance CATCH UP FRIDAY Exercise Room 1:30 CLOSE</p>
<p>9 9:00 Puzzles /Games 9:45 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p> 	<p>10 9:00 Puzzles/Games 9:45 Fellowship 10:00 COMPUTER CLASS W/ MIKE- MIKE 11:45 Walking Exercise 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>11 9:00 Puzzles/Games 10:00 Fellowship 10:30 WALKING EXERCISE 11:00 BIBLE STUDY/SING 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p> 	<p>12 ARTS&CRAFTS ALL DAY 9:00 Puzzles/Games 9:15 Fellowship 9:30 WALKING EXERCISE 10:00 COMPUTER CLASS W/ MIKE- MIKE 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>13 9:00 Puzzles/Games 10:00 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance CATCH UP FRIDAY Exercise Room 1:30 CLOSE</p> 
<p>16 9:00 Puzzles /Games 9:45 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p>	<p>17 9:00 Puzzles/Games 9:45 Fellowship 10:00 COMPUTER CLASS W/ MIKE- MIKE 11:45 Walking Exercise 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p> 	<p>18 9:00 Puzzles/Games 10:00 Fellowship 10:30 WALKING EXERCISE 11:00 BIBLE STUDY/SING 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p>	<p>19 ARTS&CRAFTS ALL DAY 9:00 Puzzles/Games 9:15 Fellowship 9:30 WALKING EXERCISE 10:00 COMPUTER CLASS W/ MIKE- MIKE 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>20 9:00 Puzzles/Games 10:00 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance CATCH UP FRIDAY Exercise Room 1:30 CLOSE</p>
<p>23 9:00 Puzzles /Games 9:45 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p> 	<p>24 9:00 Puzzles/Games 9:45 Fellowship 10:00 COMPUTER CLASS W/ MIKE- MIKE 11:45 Walking Exercise 12:00 Lunch Announcements& Pledge of Allegiance 12:30 BINGO Exercise Room</p>	<p>25 9:00 Puzzles/Games 10:00 Fellowship 10:30 WALKING EXERCISE 11:00 BIBLE STUDY/SING 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p> 	<p>26 ARTS&CRAFTS ALL DAY 9:00 Puzzles/Games 9:15 Fellowship 9:30 WALKING EXERCISE 10:00 COMPUTER CLASS W/ MIKE- MIKE 12:00 Lunch Announcements</p>  <p>PROM 5PM-7:30PM DEPOT WHITEVILLE \$12 EACH</p>	<p>27 9:00 Puzzles/Games 10:00 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance CATCH UP FRIDAY Exercise Room 1:30 CLOSE</p> 
<p>30 9:00 Puzzles /Games 9:45 Fellowship 11:00 WALKING EXERCISE 12:00 Lunch Announcements& Pledge of Allegiance 1:00 ARTS&CRAFTS Exercise Room</p>	<p>SENIOR PICNIC TUESDAY, MAY 15, 2018 AT COLUMBUS COUNTY FAIR GROUNDS FREE ENTERTAINMET, LUNCH, SPEAKERS, DOOR PRIZES</p> 		<p>BP CHECK FOURTH MONDAY OF EACH MONTH 11:30 AM BY SHORELAND HEALTH CARE CENTER OF WHITEVILLE</p> 	<p>ELDER ABUSE HOTLINE 910-648-2800 You may be eligible for Extra Help for your Medicare "D" Premium? Call 640-6602 for Appointment.</p> <p>MEDICARE PART D INFORMATION CALL 910-640-6602</p>

FOR MORE INFO CALL MICHELLE WILSON DIPPEL,

SENIOR CENTER COORDINATOR @ 649-6881 or mdippel@columbusco.org VIST OUR WEBSITE @ www.columbusco.org click on AGING

**FAIR BLUFF
SENIOR CENTER NEWSLETTER
APRIL 2018**

HAPPY BIRTHDAY TO OUR APRIL FOLKS!!!

We invite all Seniors 60+ to come join us in our daily activities!!!

We Offer Classes Monday- Friday

Monday CRAFT CLASS 8:00-5:00

Tuesday-BINGO 12:30-1:30

Wednesday- BIBLE STUDY 11:00-11:45 BINGO 1:00-2:00

Wednesday ART CLASS 1:00-5:00

Thursday-COMPUTER CLASS 9:00-12:00

Thursdays-12:30-1:30 BINGO

Thursday ARTS & CRAFTS 1:30-4:00

Friday-CRAFT CATCH UP 9:00-12:00

LUNCH SERVED DAILY AT 12:00

**COMPUTER CLASS
TUESDAYS AND THURSDAY 12:30-2:30**

**EXERCISE EQUIPMENT CAN BE USED
8:00-5:00 Monday-Thursday and Friday 8:00-1:30.**

**We have exercise equipment. Just bring me your
DOCTORS NOTE and you can exercise all you want!!!**

Contributions are appreciated.

We also have Medical Equipment for loan.

**Wheel Chairs, Walkers, Shower Seats, Crutches, Canes
Shower Chairs, etc.**

**Lunch is served Monday through Friday at 12:00 noon.
A Contribution is appreciated.**

**Fair Bluff Senior Center
685 Academy St. Room 116
Fair Bluff, NC 28439
(910) 649-6881**

**MICHELLE WILSON DIPPEN
SENIOR CENTER COORDINATOR,
mdippel@columbusco.org**

