

# East Columbus Senior Center Activities October 2018

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>1 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>2 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>3 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Computer            11:00 Bingo            11:45 Announcements            12:00 Lunch            12:30 Bible Study</p> 	<p><b>4 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00            11:00 SCC Seminar            11:45 Announcements            12:00 Lunch            1:00-5:00 Bingo/Cards</p> 	<p><b>5 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Coffee Catch up            11:00            12:00 Lunch            1:30 Closed</p> 
<p><b>8 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Senior Citizen Academy            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>9 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Nutrition Class            11:45 Announcements            12:00 Lunch            1:00-5:00 Cards/Puzzles</p>	<p><b>10 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Computer            11:00 Bingo            11:45 Announcements            12:00 Lunch            12:30 Bible Study            1:00 Senior Day at the Fair</p> 	<p><b>11 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00 Lunch            1:00 Bingo/Cards</p> 	<p><b>12 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Coffee Catch up            11:00 Devotion            12:00 Lunch            1:30 Closed</p> 
<p><b>15 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Senior Citizen Acad.            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>16 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00 Lunch            1:00-5:00 Cards/Puzzles</p> 	<p><b>17 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Computer            11:00 Bingo            11:45 Announcements            12:00 Lunch            12:30 Bible Study</p> 	<p><b>18 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00            1:00 Bingo/Cards</p>	<p><b>19 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Coffee Catch up            11:00 Devotion            12:00 Lunch            1:30 Closed</p> 
<p><b>22 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Senior Citizen Acad.            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>23 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00            11:45 Announcements            12:00 Lunch</p>	<p><b>24 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Computer            11:00 Bingo            11:45 Announcements            12:00 Lunch            12:30 Bible Study</p> 	<p><b>25 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00 Devotion            11:45 Announcements            12:00 Lunch            1:00 Bingo/Cards</p>	<p><b>26 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Coffee Catch up            12:00 Lunch            1:30 Closed</p> 
<p><b>29 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Senior Citizen Acad.            11:00 Devotion            11:45 Announcements            12:00 Lunch</p> 	<p><b>30 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Fun &amp; Fellowship            10:00 Wii            11:00            11:45 Announcements            12:00 Lunch</p>	<p><b>31 ENSURE SOLD DAILY</b>            8:00 Fitness Room            9:00 Computer            11:00 Bingo            11:45 Announcements            12:00 Lunch            12:30 Bible Study</p>	<p><b>October is Breast Cancer Awareness Month</b></p> 	<p><b>HAPPY FALL</b></p> 

# October News Letter East Columbus Senior Center



We cordially invite all seniors (age 60+) to come and join us in our daily activities at East Columbus Senior Center. We offer different activities Monday-Thursday (8-5) and Friday (8-1:30). Lunch served at 12pm. Ensure sold daily

## October

4<sup>th</sup> SCC Seminar @ 11

8<sup>th</sup> Senior Citizen Academy Sheriff Department @ 10 am

9<sup>th</sup> Nutrition Class @ 11 am

10<sup>th</sup> Senior Day at the Fair @ 1pm



## To all Born in October

ICE CREAM AND CAKE SERVED THE LAST THURSDAY OF THE MONTH

Columbus County Department of Social Services is currently taking request for food replacement. You may apply Mon-Fri. 8-5 at the DSS office. Deadline is Monday, October 15, 2018.

Senior Citizen Academy will be held at the center on October 8, 2018

@10am. It will run until October 29<sup>th</sup> Each Monday. Please come out and help support the center and find out what our Sheriff Dept. has to offer.