

# East Columbus Senior Center Activities November 2018

Monday

Tuesday

Wednesday

Thursday

Friday

			<p>1 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 11:00 11:45 Announcements 12:00 Lunch 1:00-5:00 Bingo/Cards</p>	<p>2 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Coffee Catch up 11:00 12:00 Lunch 1:30 Closed</p> 
<p>5 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Senior Citizen Academy 11:00 Devotion 11:45 Announcements 12:00 Lunch</p> 	<p>6 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 Nutrition Class 11:45 Announcements 12:00 Lunch 1:00-5:00 Cards/Puzzles</p>	<p>7 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Computer 9:00 Bingo 11:45 Announcements 12:00 Lunch 12:30 Bible Study</p> 	<p>8 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 Devotion 11:45 Announcements 12:00 Lunch 1:00 Bingo/Cards</p> 	<p>9 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Coffee Catch up 11:00 Devotion 12:00 Lunch 1:30 Closed</p> 
<p>12</p>  <p>THANK YOU!</p> <p>CLOSED FOR VETERANS DAY!!</p>	<p>13 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 Devotion 11:45 Announcements 12:00 Lunch 1:00-5:00 Cards/Puzzles</p> 	<p>14 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Computer 11:00 Bingo 11:45 Announcements 12:00 Lunch 12:30 Bible Study</p> 	<p>15 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 Devotion 11:45 Announcements 12:00 1:00 Bingo/Cards</p>	<p>16 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Coffee Catch up 11:00 Devotion 12:00 Lunch 1:30 Closed</p> 
<p>19 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 11:00 Devotion 11:45 Announcements 12:00 Lunch</p> 	<p>20 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 11:45 Announcements 12:00 Lunch</p>	<p>21 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Computer 11:00 Bingo 11:45 Announcements 12:00 Lunch 12:30 Bible Study 1:30 CLOSING</p>	<p>22</p> 	<p>23 BLACK FRIDAY</p> 
<p>26 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 11:00 Devotion 11:45 Announcements 12:00 Lunch</p> 	<p>27 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 11:45 Announcements 12:00 Lunch</p> 	<p>28 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Computer 11:00 Bingo 11:45 Announcements 12:00 Lunch 12:30 Bible Study</p>	<p>29 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Fun &amp; Fellowship 10:00 Wii 11:00 Devotion 11:45 Announcements 12:00 Lunch 1:00 Bingo/Cards</p>	<p>30 ENSURE SOLD DAILY 8:00 Fitness Room 9:00 Coffee Catch up 12:00 Lunch 1:30 Closed</p> 

For More Information: Erica Harris@910-655-4754 [erica.harris@columbusco.org](mailto:erica.harris@columbusco.org) Nutrition-Carolyn Strickland

# November News Letter East Columbus Senior Center



We cordially invite all seniors (age 60+) to come and join us in our daily activities at East Columbus Senior Center. We offer different activities Monday-Thursday (8-5) and Friday (8-1:30). Lunch served at 12pm. Ensure sold daily

## NOVEMBER

5<sup>th</sup> Senior Citizen Academy last session  
6<sup>th</sup> Nutrition Class @ 11am  
12<sup>th</sup> Closed for Veterans Day  
21<sup>st</sup> Closing @ 1:30 for Thanksgiving Holiday



## To all Born in November

**\*\*ICE CREAM AND CAKE SERVED THE LAST THURSDAY OF THE MONTH \*\***

The last class for the Senior Citizen Academy will be Monday, November 5, 2018 I would like to thank all who helped make the Academy a success and a big shout to the Sheriff Department for coming out.

The Center will be closed in Observance of the Thanksgiving Holiday beginning Nov.21st at 1:30 until Monday, November 26, 2018. Hope everyone has a Blessed Holiday.

