






EAST COLUMBUS SENIOR CENTER ACTIVITIES June 2017

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|  |  |  <p>THINK HAPPY THOUGHTS AND GOOD THINGS WILL HAPPEN</p> | <p>1 5:00 Fitness Room 9:00 Fun & Fellowship 10:00 Crafts 11:00 12:00 Lunch 1:00-5:00 Bingo/Spades/Puzzles</p> <p>Ensure Sold Daily</p> | <p>2 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii 12:00 Lunch 1:30 Closed</p> <p>Ensure Sold Daily</p> |
| <p>5 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii Game 11:00 Devotion 11:45 Announcements 12:00 Lunch 12:30</p> <p>Ensure Sold Daily</p> | <p>6 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Adult Coloring 12:00 Lunch 1:00-5:00 Card Games/ Puzzles</p> <p>Ensure Sold Daily</p> | <p>7 8:00 Fitness Room 9:00 11:00 Bingo 12:00 Lunch</p> <p>Ensure Sold Daily</p> | <p>8 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Crafts 12:00 Lunch 1:00-5:00 Bingo/Spades /puzzles</p> <p>Ensure Sold Daily</p> | <p>9 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii 12:00 Lunch 1:30 Closed</p> <p>Ensure Sold Daily</p> |
| <p>12 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii Game 11:00 Devotion 11:45 Announcements 12:00 Lunch 12:30</p> <p>Ensure Sold Daily</p> | <p>13 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Adult Coloring 12:00 Lunch 1:00-5:00 Card Games/ Puzzles</p> <p>Ensure Sold Daily</p> | <p>14 8:00 Fitness Room 9:00 11:00 Bingo 12:00 Lunch 12:30</p>  <p>Ensure Sold Daily</p> | <p>15 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Crafts 12:00 Lunch 1:00-5:00 Bingo/Spades/Pencil Art</p> <p>Ensure Sold Daily</p> | <p>16 08:00 Fitness Room 9:30 Elder Abuse Walk 10:00 Wii 12:00 Lunch 1:30 Closed</p> <p>Ensure Sold Daily</p> |
| <p>19 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii Game 11:00 Devotion 11:45 Announcements 12:00 Lunch 12:30</p> <p>Ensure Sold Daily</p> | <p>20 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Puzzles 12:00 Lunch 1:00 Card Games/ Puzzles</p> <p>Ensure Sold Daily</p> | <p>21 8:00 Fitness Room 9:00 Computer Class 11:00 Bingo 12:00 Lunch 12:30</p> <p>Ensure Sold Daily</p> | <p>22 8:00 Fitness Room 9:00 Fun fellowship 10:00 Crafts 12:00 Lunch 1:00-5:00 Bingo/ Spades/Puzzles</p> <p>Ensure sold Daily</p> <p align="center">* BINGO *</p> | <p>23 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii 12:00 Lunch 1:30 Closed</p>  <p>Ensure Sold Daily</p> |
| <p>26 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii Game 11:00 Devotion 11:45 Announcements 12:00 Lunch 12:30</p> <p>Ensure Sold Daily</p> | <p>27 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Adult Coloring 12:00 Lunch 1:00-5:00 Card Games/ Puzzles</p> <p>Ensure Sold Daily</p> | <p>28 8:00 Fitness Room 9:00 Computer Class 11:00 Bingo 12:00 Lunch</p> <p>Ensure Sold Daily</p> | <p>29 8:00 Fitness Room 9:00 Fun fellowship 10:00 Crafts 12:00 Lunch 1:00-5:00 Bingo/Spades/ Ensure Sold Daily</p> | <p>30 8:00 Fitness Room 9:00 Fun & Fellowship 10:00 Wii 12:00 Lunch 1:30 Closed</p> <p>Ensure Sold Daily</p> |

EAST COLUMBUS SENIOR CENTER
2694 GENERAL HOWE RD.
RIEGELWOOD, NC 28456
JUNE NEWSLETTER

We cordially invite all seniors (age 60+) to come and join us in our daily activities at East Columbus Senior Center. We offer different classes Monday-Thursday from (8-5) and Friday (8-1:30). Lunch served at 12pm. Ensure sold Daily.

June

Father's Day 18
Summer Begins 21

Happy Birthday!!



George 8
Velma 14
Lenear 16

Thanks to everyone that came out and participated in the Elder Abuse Walk. It was a success!!

We are asking that all seniors please come out and enjoy our daily activities and lunch and bring a friend.

