


Guideway/Bug Hill Senior Center July 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	4 CLOSED 	5 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri-Fit	6 Exercise Room 9-5 9:30 Cards 11:45 Lunch/Social	7 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Devotion 12:00 Lunch/Social
10 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	11 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social	12 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri-Fit	13 Exercise Room 9-5 9:30 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	14 Exercise Room 9-5 9:00 Word Games 11:00 BINGO 11:45 Lunch/Social
17 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	18 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social	19 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri-Fit	20 Exercise Room 9-5 9:00 Puzzles/Games 9:30 Cards 11:45 Lunch/Social	21 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
24 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	25 Exercise Room 9-5 10:00 Puzzles/Games 11:45 Lunch/Social	26 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri-Fit	27 Exercise Room 9-5 9:00 Puzzles/Games 9:30 Cards 11:45 Lunch/Social	28 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
31 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit			Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700 Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241	*Disclaimer: This calendar is subject to change at any time.

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 jgodwin@columbusco.org



Upcoming events:

We will be CLOSED on Tuesday, July 4th
In observation of Independence Day.



✚ **NEXT Trip – November 27th-
29th 2023**

**Holiday Festival of Lights in
Historic Charleston SC**

Price \$469 per person/DBL

Occupancy

**Please call me if you are
interested or have any
questions.**

****Coming soon to our senior center****

**Computer Skills Class facilitated by
Southeastern Community College.**

**If you are interested and want to know more,
please let me know. ☺**

Happy birthday to all you
JULY babies!

